

ABOUT OUR HEALTH EDUCATION DIVISION

Health Education is an aspect of promoting a healthy lifestyle & aims to inform & give the public knowledge about health.

The Health Educator is committed to enriching the lives of Fishers' residents, so individuals have the knowledge & support they need to assume responsibility for their own health & well-being.


We deliver evidence-based & evidence-informed information.

Our programs include awareness, prevention, & health promotion.

Most of our health education services are offered for free.

INTERESTED IN PARTNERING WITH US?


Contact Us:

 317-595-3127

 HealthEdu@Fishers.in.us

   @FishersHealth

Address:

 2 Municipal Drive,
2nd Floor, Fishers, IN
46038.



#EVERYACTIONCOUNTS

HEALTH EDUCATION & PROMOTION



FISHERS
HEALTH DEPARTMENT

TOPICS

✓ Curricula

- Connections: A primary prevention curriculum for intimate partner violence. (Grade 7+).
- Digital Citizenship: The responsible use of technology. (K-12).
- Health Care Empowerment: A curriculum for navigating care and the healthcare system.

✓ Anti-sexual violence

- Bystander Intervention.
- Cultivating a Culture of Consent: Sexual Assault Prevention.
- Domestic Violence.
- Sexual Harassment in Workplace 101.
- Sexting & Online Safety.
- Victim Blaming: Understanding Rape Culture in the United States.

✓ Community Safety & Care

- Dementia Friends Indiana.
- Dementia Friendly for Businesses.
- Question. Persuade. Refer (QPR): Suicide Prevention.
- Recognizing & Responding to Human Trafficking.
- Youth Mental Health First Aid Training*.

✓ Cultural Humility

- Diversity & Inclusion.
- Empathy & Empowerment.
- LGBTQ+ 101.
- Privilege and Oppression.

✓ Diseases

- Cancer 101.
- Cardiac Arrest & HeartAttack.
- Diabetes 101.
- Lyme Disease 101.
- Tuberculosis 101.

✓ Personal Care

- Looking After Yourself: Self-care.
- Oral & Dental Health.
- Personal Hygiene.

✓ Environmental Health

- Food Safety & Sanitization.
- Pests & Infectious Disease.
- Safe Drinking Water.
- ServSafe* Training.
- Waste Disposal & Proper Recycling.

✓ Physical Wellness

- Basics of Physical Health.
- Body Image & Healthy Eating.
- Nutrition: MyPlate for My Family.
- Nutrition: Eat Smart, Live Strong (ages 55-74).
- Nutrition: Power Up for Teens.
- Nutrition on a Budget.

✓ Public Health

- Public Health 101.
- Vaccination.
- See Yourself in a Public Health Career.

✓ Spiritual Health

- Spiritual Health.
- World Religions.

✓ Sexually Transmitted Infections

- Chlamydia & Gonorrhea.
- Human Immunodeficiency Virus (HIV) 101.
- STD/I 101.

✓ Substance Use Disorder

- Alcohol Expectancy Theory: Alcohol Abuse Prevention.
- Introduction to Opioid Crisis & Use of Naloxone.
- E-Cigarettes & Its Effects.
- The Impact of Driving Under the Influence.

*Charges apply for these courses

*This document is subject to change.

*The curriculums and topics meet the Indiana Department of Education standards.

The city of Fishers Health Education Division has the right to cancel or reschedule the training/information sessions.

PRICE LIST FOR HEALTH EDUCATION SERVICES

\$55

ServSafe Manager Course & Exam

We offer instructing and proctoring service for this course.

Pay for book and voucher only.

7 hours course + 2 hours exam.

\$28.80

ServSafe Manager Exam Only

We offer proctoring service for (re)certification of this course.

Pay for exam voucher only.

2 hours exam.

\$23.95

Youth Mental Health First Aid Training

Only pay the fee for the National Council of Mental Wellbeing.

2 hours, self-paced online course, and 5.5 hours, in-person.



Scan the QR code to register.

Questions?

HealthEdu@Fishers.in.us

[317-595-3127](tel:317-595-3127)